

# Tūtū and Me At-Home Learning

A real story + simple tips for caregivers



## Potty Training

### How Jodi Helped Maluhia with Potty Time (age 2 ½)

#### Before:

Maluhia started showing signs of readiness—dry naps, pulling her pants down, and telling her mom, Jodi, she needed to go. But life was hectic as the ‘ohana welcomed a new baby and moved to a new home.



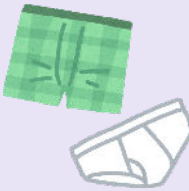

#### Now:

After waiting for a calmer time and following Maluhia’s lead, potty training went smoother. It took lots of encouragement and aloha.



for a deeper dive  
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ICON**

### What Helped Jodi and Maluhia

	Jodi was patient and waited until the ‘ohana adjusted to the new baby and home.
	Jodi pointed out readiness signs, such as Maluhia staying dry during naps and being able to follow simple instructions.
	Jodi made it fun! She let Maluhia choose her training underwear and made up a potty song.
	Jodi simplified their schedule and stayed home more. Everyone in the ‘ohana helped to encourage Maluhia!



Try one small change this week! Ask yourself:

- Is my keiki showing signs of readiness?
- Is my ‘ohana going through a big change?
- Do I have the time and energy to support this right now?
- Can I make potty time feel fun and safe?
- Who in my ‘ohana can help?



# RESOURCES AND MATERIALS



## Keiki-sized Potty, Seat and Stool

These keiki-friendly additions allow easier access and reduce the risk of potential accidents.



## Potty Training Underwear

Potty training underwear provides a transitional step between diapers and regular underwear. Look for undies with extra absorption material for accidents.



**TODDLERS**  
**MADE EASY**

## Caregiver Podcast

“Toddlers Made Easy” is a ten minute, bite-sized podcast that offers insight on toddler-related topics.

These resources support all keiki. If a developmental screening or assessment suggests a delay in keiki, caregivers should consult their primary care physician. Staff do not diagnose keiki, and any disclosed diagnosis from a caregiver will be kept confidential.