



## TS Gold: Buildings

Young children are very curious about buildings. Buildings are everywhere in their community, and vary in size, color, construction, material, function, and location. This study offered many opportunities to explore buildings firsthand. Children expanded their knowledge and understanding of building materials and physical forces.

## A New School Year Awaits!

Aloha families,

It's hard to believe that we are now in August and starting our new study on Buildings! To reflect on the month of July, we were happy to celebrate the end of our study on Gardening. The keiki were able to learn how to work with one another towards the same goal. They were reminded or introduced to the benefits, including healthy eating habits, as well as the physical effort required to grow plants and food. We also got to go on a field trip to Kids City. What a fun way to close out our summer break!

While we look forward to starting a new school year, we extend our well wishes to all our keiki and 'ohana moving on from Ka Pa'alana. We mālama our time with all of you and will cherish every laugh and memory! We are so proud of you and your journey ahead!



# Kumu Kukui



By Pua Aquino

Welina mai kākou!

“Kūlia i ka nu‘u” means “Strive for the highest.” This was the motto of Queen Kapi‘olani. She was an amazing woman with many accomplishments in her life. In 1890, Queen Kapi‘olani established the Kapi‘olani Maternity Home which is now known as the Kapi‘olani Medical Center for Women and Children. She never had children of her own but had a deep love for children and mothers. In 1884, after visiting those diagnosed with leprosy in Kalaupapa, she raised enough funds to build the Kapi‘olani Home for Girls. This was a home for girls whose parents had leprosy.

During her seventeen-year reign, Queen Kapi‘olani traveled to many parts of the world, including San Francisco, Washington D.C., Boston, and New York. She even attended a formal dinner at the White House, hosted by President Grover Cleveland, en route to visit Queen Victoria in England.

The accomplishments of Queen Kapi‘olani are impressive and definitely embody someone who strived for the highest. What are some of your proudest accomplishments in life? How will you show and teach your keiki to always strive for the highest, or “kūlia i ka nu‘u?”

## Why schedules and routines matter

Doing familiar things every day can be really comforting—for both kids and adults, especially when times feel a little uncertain. Just like adults, kids feel more confident and secure when they know what’s expected. Having a regular schedule and simple routines help make the day feel more predictable and manageable.

Whether at home or in a childcare setting, routines and schedules help kids:

- Feel like they have some control over what’s going on
- Feel safe, relaxed, and at ease
- Understand what’s happening now and what’s coming next
- Learn how to do things step by step

Why are routines such a big deal? For our keiki, doing the same activities regularly helps them connect with the people around them and builds confidence. As they grow, they start to follow routines on their own, become more independent, and can handle changes a bit better.

## Ka Papa Pāpio Schedule

<b>8:30 am - 8:45 am</b> Morning Circle	
<b>8:45 am - 9:10 am</b> Hand washing and Breakfast	
<b>9:20 am - 9:55 am</b> PACT Time	
<b>9:55 am - 10:00 am</b> Clean-up and Drop off	
<b>10:00 am - 12:15pm</b> Toddler, Keiki, and Parent Ed Class	
<b>12:15 pm - 12:20 pm</b> Pick-up	
<b>12:20 pm - 12:30 pm</b> Closing circle	

By Trisha Butler

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