

KE AO LONO



TS Gold: Palaoa (Bread)

Bread is everywhere! Children spend many meals examining, tasting, and exploring bread of all kinds. Few food experiences are as universal as bread. This study encourages children to explore a familiar topic and allowed them to gather information, solve problems, imagine, and think symbolically.



Fall fun!

Hā'ule lau (Fall) is here! We had a very fascinating month where we explored Palaoa (Bread) for our preschoolers and 'Eke (Bags) for our toddlers. This season brought forth many fun activities for our keiki to dress up, eat a variety of foods, and enjoy the holiday festivities.

Our exploration of Palaoa gave keiki the opportunity to learn how bread is made, the different types of bread, and who works with bread. Keiki were able to work together to develop their own bread recipe. Textures and taste played a crucial role in this study; for snack, keiki got to consume a variety of bread such as sourdough bread, white bread, and bagels.



'Eke study for our toddlers was a successful influence, especially during Halloween. Keiki were able to decorate their own candy bag using cultural stamps and paint. All our kumus were excited to see keiki test what items fit in bags, how to carry bags, and what bags are made of. It was a wonderful month of 'Okakopa (October), and we hope everyone has a wonderful and safe Halloween!



Kumu Kukui



Welina mai kākou!

Many of us can recall silly nursery rhymes and lullabies from our childhood, but may not have realized these songs and rhymes were teaching us the basics of math and literacy. Children are easily able to memorize things that are set to music, which is why music is a large part of our daily routine in preschool.

In old Hawai'i, children were taught to memorize the phases of the moon. This was taught to the children as a means of preparing them for real life, as Hawaiians organized their lives around the movements of the environment. The Hawaiian language was kept alive through the revival of hula and mele. Hawaiian was an oral language so family members were taught mele (songs) and hula (dance) without ever writing it down. One of the most important factors in creating mele or performing hula is the concept of lōkahi, or unity. The musicians who play the music for the dancer are just as important as the one who is dancing. The same idea can be applied to real life situations where we depend a lot on the performance of another. A band that plays with lōkahi produces beautifully blended music; a band without it creates an unorganized jumble of sounds.

By Pua Aquino

What does it mean to be a parent?

Being a parent is a reward. We develop overwhelming unconditional love and share a special bond with our children. As parents, we all want what is best to ensure they lead a happy, healthy, and prosperous life. In addition, we want to instill in them the values of respect, humility, and honesty so they may grow up to be good stewards in society. We can start by teaching them to say please and thank you as early as possible so that it becomes something our children do automatically. We must never forget that our behavior as parents goes a long way in setting an example. When we display the same manners to our children and partners, it reinforces the importance of manners and good etiquette. We may struggle with teaching but remember that what we teach may not happen overnight. Consistency and patience are key.



By Dolly Naeole

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