

KE AO LONO



TS Gold: Tubes and tunnels

Tubes and tunnels are all around us, and children use them all the time in both practical and playful ways. This study offered children many opportunities to investigate tubes and tunnels firsthand by identifying the key features that characterize a tube or tunnel, using tubes and tunnels in new and interesting ways such as making sounds or moving materials, and learning about how tubes and tunnels are used by people for work and play every day.



Where does this tunnel lead?

This month marks the end of our Tubes and Tunnels study. Keiki explored a plethora of tubes throughout the classroom - tubes for art, tubes for water play, tubes that make sound and so much more. Who knew a simple tube could be used in so many ways, or what fun it could be? Keiki searched around our classroom for tubes, discussed how they might be used, and talked about similar tubes they see at home or in the community. They discovered the pipes that water travels through in our sinks and bathtubs, and the larger tubes that carry rain from the roof.



Have you ever been through a tunnel? Many keiki recognized photographs of tunnels found on our island, even recalling going through the tunnels. We remembered that one of the tunnels on the H3 is very long and the other is much shorter; math and measuring! Keiki also discussed where else we can find or create tunnels, such as the beach. We talked about how crabs dig tunnels for their homes in the sand, and how we like to dig our own tunnels during play on family beach days. There are so many tubes and tunnels all around.





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By Pua Aquino

Welina mai kākou!

In old Hawai‘i, Hawaiians took care of their resources and even placed kapu (prohibition) on hunting, fishing, and gathering to keep them from being depleted. Hawaiians showed respect for the land by only taking what they needed and sharing their resources with others around them. Wasting food and resources was frowned upon and is still frowned upon by many to this day.

The Hawaiian proverb, or ‘ōlelo no‘eau, that reflects this concept is, "E ‘ai i ka mea loa‘a," which means "What you have, eat." Not wasting what you have is a valuable concept for children to understand from an early age. Encourage this with your children by limiting their options during meals. Eat as a family and thank the person who prepared the meal. Hopefully, these practices will help your children be more thankful for the food they have and, in turn, more respectful toward it as well.

March is Parenting Awareness Month

During March, we celebrate parents and others who care for children because parenting is the hardest and most important job. Parenting Awareness Month is about the important role parents play in all our lives. Parenting young children can be hard. Parents are often tired and do not sleep enough, and they are also trying to figure out how to set basic expectations for their children.

Parents of elementary-age children are helping their children learn to explore the world and start to build friendships. During the tween years, parents should have conversations about emotions, values, and relationships with their children.

Being a parent doesn't come with instructions. We learn from our experiences, family, friends, and books. What we teach our kids impacts them for a lifetime. Find out more at <https://www.preventionnetwork.org/pam/>.



By Dolly Naeole

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