



TS Gold: Cameras and Lights

Cameras have evolved into tools that people use frequently to capture photos and videos of their everyday lives, communicate with others in real time, create art, and do so much more. In this study, children moved from being subjects of pictures and videos to engaging with cameras as photographers and videographers. They explored a variety of questions and concepts through experiences that support all areas of development and learning.



Happy New Year everyone!

We hope everyone had a wonderful and restful winter break. 2024 passed us by so quickly, and now, we're all excited about everything new we have planned for 2025.

We hope everyone had fun last month at our end-of-theme and winter celebration. With tubes, tunnels, and containers at its end, our celebration was a rockin' fun time making our tube and container-shaped instruments. It was also great to see everyone's different gingerbread houses and snowman ornaments, as well as everyone enjoying our Christmas-scented cloud dough and building snow creations in our snow sensory bins.



It's the start of a new year and the beginning of our newest studies: cameras and lights! This month we will spend some time investigating familiar light sources around us, in addition to the use of cameras and how they are frequently used. During this time, this study on lights invites the keiki to engage in hands-on investigations of flashlights, night lights, lamps, strings of light, and even camera lights. Furthermore, we will explore how cameras have evolved into tools that people frequently use to capture photos and videos of their everyday lives, communicate with others in real-time, create art, and so much more.



KE AO LONO



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Kumu Kukui



By Pua Aquino

Aloha mai kākou!

“Mālama i ke kai” (Take care of the ocean) and “Mālama honua” (Take care of the world) are a couple examples of phrases people may have heard from time to time. However, the concept of mālama goes far beyond just the idea of taking care of something because the word mālama also implies that the person doing the action is a steward over something.

Many of us were given this gift when we became a parent. As parents, we are entrusted with the responsibility to mālama the keiki in our lives. We have the opportunity to take care of people who will have the biggest impact on this world - our keiki. Along with caring for the places we live, we should also be demonstrating how to care for people. How can we teach our keiki to not only mālama the things they have been given but to also mālama kekahi i kekahi, or to care for one another?

The importance of sleep

Now that the holidays are behind us, it is time to rethink the importance of sleep for our keiki. It may be that you let sleep time slip away. This usually backfires on us! Penn State recently published a study that looked to see if consistent bedtimes really made a difference in children’s ability to manage their emotions and frustrations when doing a challenging activity or doing an activity with their parents. They found that if kids went to sleep around the same time each night, they were less frustrated during the first test, and were able to cooperate. The more their bedtime varied, the worse they did. So, if you want less drama in your home, have a consistent bedtime.

www.scarymommy.com/parenting/consistent-bedtime-study



By Denise Mazepa

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