

infant

HUAKA'I MA KE KAHAKAI

The kahakai is a large outdoor classroom. The sounds, sights, and sometimes taste offer a rich sensory experience for infants. Let's huaka'i ma ke kahakai! (take a trip to the beach!)

KEIKI DEVELOPMENT:

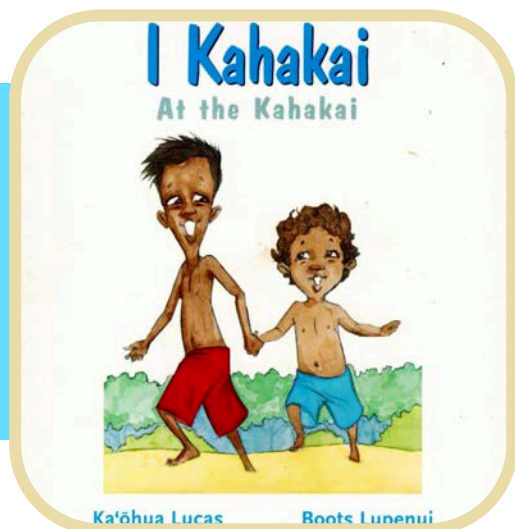
- Sensory Development
- Exploration of the Environment

'ŌLELO HAWAI'I:

- Kahakai - Beach
- Sand - One

MATERIALS:

- Book: "I Kahakai - At the Kahakai" by Ka'ōhua Lucas



[Digital storytime here](#)



INSTRUCTIONS:

1. Read "I Kahakai - At the Kahakai" with your infant.
2. Take a huaka'i (trip) to the kahakai. Remember your hat, sunscreen, and a beach blanket.
3. Gently introduce your infant's feet to the one. They may not like the feeling at first. This is normal! Encourage them to wiggle their toes and say, "This is one!" How does it feel?"
4. When your infant is done exploring the one, gently dust the one off of their feet. Make it playful with a little tickle on the toes!
5. Take a breath and enjoy the fresh air!

At-home 'ohana activities use common household, recycled, or natural materials that set the stage for keiki-led exploration, developmental mastery, and social-emotional bonding.



Ocean Life

toddler

HO'OLEI 'UPENA

In Hawai'i, some lawai'a (fishermen) may say "E holoholo kāua" (Let's go for a stroll), without directly saying "Let's go fishing" so that the i'a (fish) don't hear your intention. One of the ways to catch i'a is with a ho'olei 'upena (thrownet).

KEIKI DEVELOPMENT:

- Connection to our ocean
- Large motor skills

'ŌLELO HAWAI'I:

- Ho'olei 'Upena - Thrownet
- Holoholo - Go for a stroll or (*fishing*).

MATERIALS:

- Book: "Uncle's Magic Thrownet" by Todd Yamashita
- Lightweight blanket

INSTRUCTIONS:

1. Read the book, "Uncle's Magic Thrownet" together.
2. Pause while reading and help your toddler notice Uncle's Magic ho'olei 'upena. Point out how he is holding his ho'olei 'upena, and how it looks when he is throwing it.
3. Give your toddler a small blanket and pretend to throw the ho'olei 'upena. Place part of the blanket on their shoulder and gather the rest of the blanket with their other hand. Step forward and throw it out. Hana hou! (Do it again!) E holoholo kāua!



[Digital storytime here!](#)

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preschooler

SHAPES ARE ALL AROUND US

We rely on the ocean for so much, including things that “Go!” We can look for kinona all around us, even at the ocean. E nānā ka maka! (Look with the eyes!)

KEIKI DEVELOPMENT:

- Fine motor skills
- Shape recognition

‘ŌLELO HAWAI‘I:

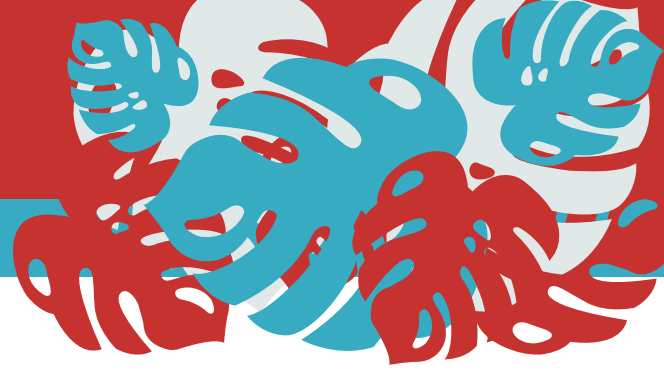
- Kinona - Shape
- Moku - Boat

MATERIALS:

- Book: "Things That Go on Water in Hawai'i" by BeachHouse Publishing
- Recycled paper
- Writing tools, scissors, and glue.



[Digital storytime here!](#)



PARTNERS IN DEVELOPMENT
FOUNDATION

INSTRUCTIONS:

1. Read the book "Things That Go on Water in Hawai'i" together.
2. Cut out circles and squares using recycled paper.
3. Using the kinona, have your preschooler create different things that go on water, e.g., a moku or a surfboard.
4. Have your preschooler glue their kinona on plain paper.
5. Help them name and write the different things they created.
6. Next time you visit the the beach, help your preschooler “nānā ka maka” and identify the different kinona they observe on the water.

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