

KE AO LONO

The monthly newsletter of Ka Pa'alana



Reduce, Reuse, Recycle!

April 22nd is Earth Day, a special occasion to honor and cherish our planet, and a wonderful opportunity to celebrate the day by incorporating what the keiki have learned from our Reduce, Reuse, Recycle study!

There was so much from this study to celebrate! The keiki learned about different types of materials that can be thrown away or reused. They enjoyed creating and building things using recycled materials, transforming trash to treasure. The keiki were also engaged in role-play activities with trash collectors and caretakers of the Earth. Through our Reduce, Reuse, Recycle study, the keiki have gained a deeper understanding of how to mālama, or care for, our Earth.

As this study comes to an end, let's continue to inspire our young keiki and the future generations to come to cherish, protect, and sustain the beauty of our Earth for years to come.



Turning trash to treasure

“Be a part of the solution, not the problem” was one of the few phrases our keiki learned during the Reduce, Reuse, and Recycle study.

We ended the study with a show-and-tell where keiki and their caregivers showcased what they had created using materials that are normally thrown away. They made bird feeders, flowerpots, wind catchers, and robots. They learned that by reducing, reusing, and recycling, they help lessen the amount of 'ōpala in our 'āina. Caregivers had a fashion show and talked about transforming unused clothes into shopping bags and tie-dye shirts. Both keiki and their caregivers had much fun and learning during the study.

Let's continue to teach our keiki how to make a difference by reducing, reusing, and recycling at an early age. Remember, the next time you see trash, ask yourself how to turn it into treasure.

By Nessa Banas



By Nida Otto



Kumu Kukui



Aloha mai kākou!

Kuleana is a word that might sometimes be thrown around loosely when we say, “Whose kuleana is it?” or “That’s not my kuleana.” Kuleana means something different for each person and can be looked at as an achievement rather than a burden. In the context of cooking with an imu, kuleana were often only given to specific people, which made these tasks even more desirable to others who did not yet have a role in the process.

We might assume our keiki cannot have kuleana because they are young, but Hawaiians looked at it differently. Instead of assuming our keiki’s abilities are determined by their ages, they estimated a child’s age based on the things a keiki was able to do. This ‘ōlelo no‘eau is the perfect example of it: “Ke nui e pa‘a ai ka hue wai.” The size that enables one to carry a water bottle. When a child was about two, he was given a small gourd bottle for carrying water.

What if we trusted our keiki with more responsibilities? They might surprise us with what they can do, if we just give them the chance and the support to do so!

By Pua Aquino

Incorporating math at home

Mathematics at an early age can set children up for future success. One of the many ways parents can fulfill their role as their child’s first teachers is by creating learning opportunities at home. Incorporating math into everyday activities at home can help children tremendously. An easy activity for children to participate in is cooking/baking.

Allowing children to help in the kitchen is an easy way to incorporate counting, adding, subtracting, patterns, and so much more. For younger children, allowing them to count ingredients is a great way to familiarize them with numbers and amounts. For older children, having them add and subtract ingredients helps them practice early numeracy skills. No matter what age your child is, there are many ways to incorporate and modify everyday activities to help develop math skills.



By Tara Linhares

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