



KO'U KAIĀULU

My Community

A NEWSLETTER FROM TŪTŪ & ME TRAVELING PRESCHOOL



Native Hawaiian Plant Month

Governor Josh Green, M.D. has proclaimed April as Native Hawaiian Plant Month, recognizing the diversity and biocultural value of roughly 1,400 native plant species. Native Hawaiians use hula to re-tell mo'olelo (stories) about lā'au kama'āina (native plants) and their purpose.



Source: Shutterstock

Click https://www.merriemonarch.com/2024-merrie_monarch_festival/ to follow the 2024 Merrie Monarch Festival from March 31st- April 6th. Watch the hula performances with your 'ohana and see what lā'au kama'āina are used. Listen to the mele (song) that recognize lā'au kama'āina. Plant a lā'au kama'āina in your yard in dedication of Native Hawaiian Plant month!



Source: Pinterest

Hau'oli Lā Makuahine

Mother's Day is a way to honor our makuahine (mothers).

Think about a mother who may be struggling, a single mother, a first-time mother, a mother who has

lost a child, or a mother who has lost their mother. Collect flowers with your keiki and write a cute note for another makuahine.

Motherhood can be one of the most toughest jobs. If you or anyone you know is struggling, "Healthy Mothers, Healthy Babies Coalition of Hawai'i" offers a variety of services and information. Click

<https://www.hmhb-hawaii.org/programs/> for more information.

"Hā'awe i ke kua; hi'i i ke alo. A burden on the back; a babe in the arms." (Said of a hard-working women who carries a load on her back and a baby in her arms) Mary Kawena Pukui, 'Ōlelo No'eau No. 401.



healthymothers
healthybabies
COALITION OF HAWAII

Free Summer Reading Challenge

Summer is the season for memorable 'ohana activities. The Hawai'i State Library Systems annual Summer Reading Challenge kicks off in June and ends in July.



Source: Hawaii State Public Library



Source: Holliston Public Library

It is the perfect summer activity for the entire 'ohana and includes weekly prizes. The Hawaii State Library System offers other free ways to get your reading in, such as Libby and Bookflix for Kids. Visit <https://www.librarieshawaii.org/> for more information. Happy Reading!



Source: National Park Service

King Kamehameha The Great

Pai'ea Kalaninui Kamehameha, also known as Kamehameha the Great, was born in Kohala on Hawai'i Island. It is said that he was born into a royal family in the year 1758. Kamehameha was revered for his strength and bravery. He was a noted warrior and conqueror of the Hawaiian islands. One of the first official orders declared by

King Kamehameha as mō'ī (king) was Kānāwai Māmalahoe - The Law of the Splintered Paddle, enacted in 1782. To honor his legacy, King Kamehameha Day is celebrated on June 11th. For local events, click <https://sfca.hawaii.gov/resources/king-kamehameha-celebration-commission/>. Festivities include parades and lei draping on the King Kamehameha statue. Celebrate through play and imagine what it might feel like to be a royal family. Use a towel or blanket and tie it around keiki to mimic a cape. What might a mō'ī say or do? Read more about King Kamehameha here and share with keiki as you play together. Click here for interesting facts: <https://www.nps.gov/puhe/learn/historyculture/kamehameha.htm>