infant

MOVE LIKE A MANU
The ‘āina is home to many native manu in Hawai’i. Noticing the manu give us an appreciation for the natural world. Spend time outside with your infant observing the manu in your ‘āina.

KEIKI DEVELOPMENT:
• Big muscle strength and coordination
• Sensory exploration of the environment

‘ŌLELO HAWAI‘I:
• Manu- Bird
• Lele- Fly

MATERIALS:
• Book: "Birds in Hawai‘i" by BeachHouse Publishing
• Blanket

INSTRUCTIONS:
2. Point to each manu as you say their name.
3. Head outside to look for real manu in your ‘āina.
4. Lay a blanket on the grass and point to the manu as they lele or perch in a tree. See if your infant can track the manu with their eyes or mimic you pointing. Talk to your infant about the manu you see.
5. Make this time playful! Lay back on the blanket and gently lift your infant above you as if they will lele like the manu.

At-home ʻohana activities use common household, recycled, or natural materials that set the stage for keiki-led exploration, developmental mastery, and social-emotional bonding.

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**Keiki Development:**
- Numbers and counting
- Language skills

**ʻōlelo Hawaiʻi:**
- Helu - Count
- ʻīlio - Dog

**Materials:**
- Book: "Dogs at the Beach in Hawaiʻi" by BeachHouse Publishing

**Instructions:**
1. Read the book, "Dogs at the Beach in Hawaiʻi" together.
2. Pause while reading and encourage your toddler to point and helu the ʻīlio on each page. This develops math skills!
3. Take a walk around the park or your neighborhood and helu the ʻīlio you see.
4. Throughout the day, look for other ways to encourage noticing numbers and counting with your toddler.
5. Extended learning: Model counting in ʻōlelo Hawaiʻi. ʻEkahi (1), ʻelua (2), ʻekolu (3), ʻehā (4), ʻelima (5)!

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EKUKE KĀKOU! LET’S COOK!
Preparing meals with your preschooler is a hands on learning experience! Mahalo to the hen who provides fresh hua and mahalo to your preschooler for helping to kuke!

KEIKI DEVELOPMENT:
• Science and living things
• Cognitive development

‘ŌLELO HAWAI‘I:
• Hua- Egg/ Eggs
• Kuke - Cook

MATERIALS:
• Book: "Kekoa and the Egg Mystery?" by Tia Monteaux Walls
• Eggs
• Mixing bowl
• Whisk

INSTRUCTIONS:
1. Read the book, "Kekoa and the Egg Mystery" together. Before you begin, ask your preschooler, “Do you know where hua comes from?” Listen to their manaʻo (thoughts). This helps their cognitive development!
2. After you find out how Kekoa solves the mystery, have your preschooler help you kuke the hua in the kitchen.
4. Guide them along with two-step directions, e.g. “Crack the hua, then stir with the whisk.”
5. Have your preschooler observe and share what happens when you kuke the hua.
6. Enjoy the hua dish together!

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