



# KO'U KAIĀULU

My Community



A NEWSLETTER FROM TŪTŪ & ME TRAVELING PRESCHOOL

## What Does Aloha Mean To You?

"Keep it Aloha with Kamaka" is one of the most popular podcasts in Hawai'i, hosted by Kamaka Dias. Kamaka, a local boy from Hawai'i Island, shares mo'olelo (stories) of influential leaders in Hawai'i and what "Keeping it Aloha" means to them. Take a moment to reflect on what aloha means to you and your 'ohana, and how you can continue to spread the aloha spirit throughout the year. Use the ALOHA character traits as a reminder!



- A** - Akahai, meaning kindness to be expressed with tenderness;
- L** - Lōkahi, meaning unity, to be expressed with harmony;
- O** - 'Olu'olu, meaning agreeable, to be expressed with pleasantness;
- H** - Ha'aha'a, meaning humility, to be expressed with modesty;
- A** - Ahonui, meaning patience, to be expressed with perseverance.

<https://www.hawaii.edu/uhowo/clear/home/lawaloha.html>



## Voyage of Gratitude

The Hōkūle'a, known as the Star of Gladness, began as a dream to revive the legacy of exploration. This wa'a (canoe) was the first mode of transportation used to ho'okele (navigate) the ocean. The Hōkūle'a continues to voyage worldwide, offering gratitude to those who support them along the way. Model gratitude when you and keiki play at the beach. Build wa'a from sticks and leaves that have washed up on shore. Send the wa'a off to sea with a word of gratitude. Invite keiki to think of their voyage of gratitude with all the things they are thankful for in life.

## Free Family Literacy Night

Reading out loud is a wonderful way to connect with keiki and develop their language skills. Read To Me International (RMI) is a non-profit organization in Hawai'i that promotes literacy. RMI will be hosting free Family Literacy Nights beginning this January. Enjoy an evening filled with fun read-alouds, music, and resources for your 'ohana.



**January 23, 2024**  
**February 20, 2024**  
**March 12, 2024**  
**5:30pm-6:30pm**

REGISTER HERE:



Contact Phone : (808) 955-7600 Email: [read@readtomeintl.org](mailto:read@readtomeintl.org)

Recommended by RMI!



## Prince Jonah Kūhiō Kalaniana'ole

On March 26th, Hawai'i will celebrate the birthday of Prince Jonah Kūhiō Kalaniana'ole. Born on Kaua'i, he is the grandson of Kaua'i's last king, and named by his Uncle Kalākaua who was the last king of the Hawaiian Kingdom. Prince Kūhiō is remembered for his leadership and advocacy of the Native Hawaiians.

Kūhiō was known as the Ke Ali'i Maka'āinana (Prince of the People). He founded the first Hawaiian Civic Club, which now includes more than 50 organizations across Hawai'i and the U.S. Remembering the work of those before us helps perpetuate the same values in our keiki. Look for 'ohana events that celebrate Prince Kūhiō Day. If there aren't any close to you, visit your public library and find books on the Prince. Look at photos from that time and and highlight what Prince Kūhiō did for Hawai'i. Check out an article here: [Jonah Kūhiō: Prince for our People](#).