KĒKĒMAPA
(December)
Multi-Cultural Traditions and Celebrations

infant

UPSY DAISY PLAY
Caregivers worldwide carry their keiki differently. Holding your pēpē li‘ili‘i close strengthens your bond and helps them feeling safe and secure.

KEIKI DEVELOPMENT:
- Sense of trust
- Big muscle strength and coordination

‘ŌLELO HAWAIʻI:
- Pēpē li‘ili‘i - Baby
- Lele- Swing

MATERIALS:
- Book: "Up! How Families Around the World Carry Their Little Ones" by Susan Hughes

INSTRUCTIONS:
1. Read the book "Up! How Families Around the World Carry Their Little Ones" together.
2. Invite your pēpē li‘ili‘i to "Upsy Daisy!"
3. Playfully lele on your hip. Cuddle and sway while holding them close.
4. Place them back on the floor and lele them again, each time differently, e.g., to your chest or back.
5. Notice what position your pēpē li‘ili‘i may feel most secure and safe.
6. After you are done playing, you may need a rest! This is active play!

At-home ‘ohana activities use common household, recycled, or natural materials that set the stage for keiki-led exploration, developmental mastery, and social-emotional bonding.

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MUSUBI SHAPES
Many people in Hawai‘i enjoy rice with our meals. Jazz up your infant’s manawa‘ai with ‘ono Japanese rice balls called “musubi”.

KEIKI DEVELOPMENT:
• Small muscle strength and coordination
• Self help and independence

‘ŌLELO HAWAI‘I:
• Manawa ‘ai- Mealtime
• ‘Ono- Tasty

MATERIALS:
• Book: “Rice Is Rather Nice” by Little Readers
• Cooked rice

INSTRUCTIONS:
1. Read the book, “Rice is Rather Nice” together.
2. Cook 2 cups of rice. Brown rice is a healthier option than white.
3. Bring the cooled bowl of rice to the table and sit with your toddler for manawa ‘ai.
4. Use your fingers to press the rice and create bite-sized musubi in the shapes of cubes, balls, and triangles.
5. Encourage your toddler to feed themselves. As they pick up a musubi, name the shape for them.

Digital storytime here!

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HAPPY ALOHA FRIDAY!
Rituals and traditions are meaningful. Create a book with your preschooler to plan your special Aloha Friday hoʻolauleʻa.

KEIKI DEVELOPMENT:
- Language and literacy
- Gratitude and appreciation

ʻOLELO HAWAIʻI:
- Pahuhopu- Goal
- Hoʻolauleʻa- Celebration

MATERIALS:
- Book: "The Aloha Friday Keiki Club" by Keiki Kaukau Books
- Paper, glue, scissors, crayons
- Magazines

INSTRUCTIONS:
1. Read "The Aloha Friday Keiki Club" together.
2. Have your preschooler to wonder about their own Aloha Friday hoʻolauleʻa.
3. Make a book by stapling paper together, and add pictures and words to describe your perfect day.
4. Help your preschooler cut out pictures of their favorite things from magazines, e.g., yummy foods, pets, nature, etc.
5. Set a pahuhopu to do one thing from your book every Friday until you develop your special Aloha Friday hoʻolauleʻa!

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