

# 'OKAKOPA

(October)



Aloha 'Āina

*infant*

## PILINA WITH THE 'ĀINA

Introducing your infant to the beauty of the 'āina instills pilina to Hawai'i. Model how the sky, trees, and breeze calm your mind and body to your infant.

## **KEIKI DEVELOPMENT:**

- Sensory and motor growth
- Exploration of the environment

## **'ŌLELO HAWAI'I:**

- Pilina- Relationship
- 'Āina- Land

## **MATERIALS:**

- Book: "Rock-a-Bye Baby in Hawai'i" by Jane Gillespie



Digital storytime here!



## **INSTRUCTIONS:**

1. Read the book, "Rock-a-Bye Baby in Hawai'i," with your infant.
2. When your infant is fussy, go outside to calm them.
3. Hold your infant facing out, with their back against your chest. Take 2-3 deep breaths so your infant can feel them. This has a calming effect.
4. With a slow and gentle tone, point out swaying trees, puffy clouds, and the cool breeze through your hair.
5. Mahalo the 'āina for its calming ability while you sing the lullaby, Rock-a-Bye Baby.

*At-home 'ohana activities use common household, recycled, or natural materials that set the stage for keiki-led exploration, developmental mastery, and social-emotional bonding.*

# 'OKAKOPA

(October)



Aloha 'Āina

toddler

## LĀ FOR OUR 'ĀINA

Toddlers need concrete images to make connections in their learning. Hang a sunny lā over your houseplants to remind your toddler how important the lā is for our 'āina.

### KEIKI DEVELOPMENT:

- Fine motor use of fingers
- Understanding the world around them

### 'ŌLELO HAWAI'I:

- Lā- Sun
- Mālama- Care for

### MATERIALS:

- Book: "Where is the Sun" by Eric Carle
- Paper plate, yellow tissue, crayon, glue, string



Digital storytime here!



**PARTNERS IN DEVELOPMENT**  
FOUNDATION

### INSTRUCTIONS:

1. Read the book "Where is the Sun?" with your toddler.
2. Have your toddler scribble with yellow crayons on a paper plate or a cardboard circle cut out.
3. Show your toddler how to tear yellow tissue into small pieces.
4. Help glue the tissue on the plate to decorate their lā.
5. Once dried, hang the sunny lā in a window over your houseplants.
6. Share with your toddler that the warmth and light of the lā is a natural way of mālama 'āina.

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# 'OKAKOPA

(October)

Aloha 'Āina

preschooler

## THE POWER OF THE MAKANI

Although we can't see the makani, we can observe the effect of a makani 'olu'olu and makani ikaika. Explore this science activity and experiment with the power of the makani.

## KEIKI DEVELOPMENT:

- Prediction and observation skills
- Comparing

## 'ŌLELO HAWAI'I:

- Makani 'Olu'olu- Fair wind
- Makani Ikaika- Strong wind

## MATERIALS:

- Book: "Hi'iaka Battles the Wind" by Gabrielle Ahuli'i
- Thick paper, small objects, tape



Digital storytime here!



PARTNERS IN DEVELOPMENT  
FOUNDATION

## INSTRUCTIONS:

1. Read "Hi'iaka Battles the Wind" with your preschooler.
2. Cut four strips of thick paper, measuring about 3Wx 11L.
3. Secure the end of each strip to the table's edge. The strips should hang down off the table.
4. Tape a small item of various weights to each strip, e.g., cotton swab, paper clip, crayon, etc.
5. Point a small fan towards the strips and experiment with the various settings. If you don't have a fan, blow makani with your mouth.
6. Predict and observe what will happen when you blow makani 'olu'olu or makani ikaika.

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