



Ke Ao Lono

The monthly newsletter of Ka Pa'alana
A Program of Partners in Development Foundation

KEIKI HO'OKELE

By Kathy Fong

We're sailing into the third month of our Ho'okele theme!

We hope the time you've spent so far with your keiki doing the various activities have been enjoyable and helpful in developing skills that will help them in navigating through life. Through playful and challenging lessons, your children have been learning to be safe and healthy, developing their listening and thinking

skills, recognizing and creating patterns, developing a sense of the space around them, learning how to make predictions, and practicing so many math skills –and that is just part of the learning that's been taking place!

Now let's encourage our keiki to use these skills even further. Your teachers have planned some fun ways to use what they've been learning to work on "projects". As your keiki work on these projects, use your *kilo*

(observation) skills to see what they know. Are they able to focus and stay on task? Are they using words to describe what they're making, and how they are

making it? Allow them to explore on their own. Be there to listen to their ideas. Encourage their creativity. See how they have become skillful keiki navigators.



HO'OKELE: TO SAIL, TO NAVIGATE, AND GUIDE THROUGH DANGERS

By: Kelsey LaCuesta

Aloha mai kākou!

As we dive into month two of our ho'okele theme, our families have been exploring how to sail and navigate through dangers. Some key concepts are spatial awareness and one-to-one correspondence, which are basic math skills that keiki will use throughout life. They are also tapping into other developmental areas such as language arts. Keiki are learning new positional words such as in front of, behind, and in between, as they describe the positions of objects.

Our families have enjoyed our

PACT time activities, where they can work and learn together. Our parents have been doing an excellent job engaging and encouraging our keiki as they work on their Ha'awina Bin activities.

HOPE site also distributed backpacks last month, thanks to the generous donation of Cutter Auto Hawaii. Many of our preschooler's older siblings also returned to school. So they too received a brand new backpack full of school supplies as well as paper towels and wipes.

We look forward to continuing the fun virtually until we are back to in-person preschool. We wish you all good health and happiness always!

Ā hui hou!

-HOPE Staff



KUMU KUKUI

By: Pua Aquino
Welina mai kākou!

Have you ever admired someone? What did you admire about them? When we admire someone, it's usually because we hold them to a high standard based on what that person is able to do or who that person is. Admiring someone can be a great motivator to be better yourself. Sometimes, the people we admire most are the people closest to us. Children often look up to their parents or caregivers because they mod-

el for them what an adult is supposed to be.

What do you think your keiki admire about you? I admire my mom's strength and perseverance. She modeled for me that I could be anything I wanted to if I worked hard at it and didn't give up. What qualities do we have as adults that we want our keiki to admire and strive for?

"He koa'e, manu o ka pali kahakō." *It is the koa'e, bird of the sheer cliffs.* An expression of admiration for an outstanding person. The koa'e build their nests on cliffs.



TIPS FOR BEING READY FOR SCHOOL EACH DAY! WHAT IS YOUR MORNING ROUTINE?

By: Denise Mazepa

Here are some tips to help your mornings go smoothly. First, choose their clothes the night before and put them together in one spot with their shoes/slippers. If they had homework or a project due, be sure it's complete and in their bag. If you pack a lunch or snack, make it the night before and fill their water bottles. Shower or bathe the night before. Set your alarm fifteen minutes before they wake up, to give you time to get yourself organized. No TV or devices in the morning, please! Try to simplify breakfast, or consider having them eat their breakfast at school...it's free for all students this year! Lastly, each evening before you go to bed, do a cross check to make sure everything is ready for the next day. Hopefully these tips will help with your morning routine.



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