



Ke Ao Lono

The monthly newsletter of Ka Pa'alana
A Program of Partners in Development Foundation

WHAT DAY IS IT?

By: Kathy Fong

I saw a funny commercial on TV: A girl sleeping peacefully is awakened by her alarm. She wakes up in a panic, and turns on her computer for school only to realize it's Saturday. The voiceover says, "Congrats on making it to Friturday, the 42nd of May."

Through this time of COVID, do you feel lost in time? According to my calendar, it's March 158,

2020. That's how long we haven't had in-person preschool! But, they say that every cloud has a silver lining.

For Ka Pa'alana, the silver lining is simply this: that you have been able to spend an unprecedented amount of time with your keiki. This is what our program is about- You being your child's first and most important teacher. We know that it may be a difficult time



for you. We get it. Life is hard enough even without COVID. So we are here to support you as you take on the roles of parent, teacher, nurse, summer fun director, and everything else. Come

join us on ClassDojo, and our Zoom circle times. Get in touch with a Home Visitor or any of our staff. We're here to help you get through these crazy days.

BUILDING RELATIONSHIPS

By: Kelsey La Cuesta

Aloha mai kākou! As we say aloha to September we would like to share with you all the wonderful things that have been happening here at HOPE.

Nā Pilina or Relationships has been such a special theme for us. This theme has made a deeper connection with our families as they share special family photos, stories, and even family members like their pets. ClassDojo and our Zoom circle time have given our keiki the opportunity to show us

special things from their home and to introduce family members and pets who can't normally attend our physical preschool site.

Last month we also got a generous donation of produce boxes from Ham Produce and Seafood, which we were able to give to our families. Building relationships with community members to help one another is such a beautiful thing.

As we welcome new friends and families to Ka Pa'alana, we hope to build relationships that will last a lifetime.



KUMU KUKUI

By: Pua Aquino

Now, more than ever, we are all having to lean on our immediate family members to help us through this time of uncertainty. We are being forced to take on multiple roles to keep family afloat and it can quickly take a toll on us. The Hawaiian value, *laulima*, meaning “many hands” has never been more evident than today. While we work hard to adjust to this new normal, remember to take care of yourself by taking breaks whenever you can and taking any help that is offered. As the ‘ōlelo no‘eau states, “‘A‘ohe hana nui ke ‘alu ‘ia,” which means, “No task is too big when done together by all.”



School During a Pandemic

By: Chanel Cabrera

With the 2020-2021 school year just beginning and kids returning back to school, it can be a stressful time for everyone during this period of COVID-19. Whether it be returning to school physically, continuing lessons online, or parents going back to work, this school year will definitely look different than years before. With these new changes, parents are trying to navigate through this new norm. Here is some advice to help with transitioning back to school.

Schedules, creating a schedule will not only be beneficial for your keiki when returning to school, it can also help at home.

Providing children with a designated space to play and learn in, like at school, will help support your children while distance learning. Reserve one part of your house just for your keiki to learn and explore.

Have fun! Try new things together; learn a new playdough recipe or create your own silly game/song about animals.

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