

October Infant Activities for (Birth to 12 Months)



Social Emotional
Support

Social Smiles

Remember the feeling you get when you see your infant smile? Your infant also feels that way when they see you smile. Everyday routines such as diaper changing, dressing, bathing and feeding can be turned into a special social event by "smiling" and talking to each other. During these routines try saying, "I see you smiling. You're happy."



Cognitive
Development

Right Side Up

Infants are learning that objects have different shapes and sides. Have your infant play with easy to grasp safe toys and household objects such as storage containers, pull toys, and blocks that have different pictures on their side. Encourage your infant to rotate or turn their object to face right side up. As your infant explores rotating, and turning toys and objects, he/she is learning the concept of right side up.



Playful
Parenting

Bang, Bang, Bang!

Infants learn how to play with toys in different ways such as banging them against the surfaces or together. Banging objects teaches infants about the sounds each object makes and how they can make something happen. Use kitchen utensils such as spoon, spatula or a whisk, and a mixing bowl to demonstrate how to bang objects together. Say "bang, bang, bang" to the rhythm of the objects banging and have your infant follow along.

October Toddler Activities for (12-24 Months)

Syringe Painting



Social Emotional
Support

At this age keiki may develop some new fears such as taking medicine from an oral syringe. Try placing a drop cloth or canvas underneath a sheet of paper. Fill small paper cups with different colored paint. Encourage keiki to explore using the syringe by “pulling” the plunger to collect the paint & “pushing” it in to splatter the paint. Allowing keiki to explore objects that they maybe fearful of in a fun way can help your keiki learn how to cope and feel safe.

Remember where things belong



Cognitive
Development

Keiki can often remember where some familiar objects belong and may enjoy being an adult “helper”. Help keiki learn where common household objects are kept by saying, “You want a drink? Okay, I’ll get your cup from this shelf”. or “Time to brush your teeth. Where is your toothbrush?” You can also attach various pictures on containers e.g. For visual learners, you can also attach a picture of blocks on the block box or a cup picture on the shelf for cups.

Put out that Fire!



Playful
Parenting

Aiming for a target helps keiki to learn to throw with more control and direction. It also helps keiki to practice coordinating their arm and hand movements with releasing skills. Have your keiki dunk sponges into a bucket filled with water. Using chalk, draw large flames on the sidewalk and encourage keiki to aim and throw the wet sponges to put out the flames. Talk with keiki how Fire-fighters use water to put out fires. Have fun!

October Preschooler Activities for (24-48 Months)

Risky Play



Social Emotional
Support

Risky play helps keiki to develop resilience and build self-esteem. Rough-and-tumble play, climbing a jungle gym or sliding down a slide are all different ways a keiki may experience age appropriate risk taking. You can support your keiki in risk taking by exploring your community playgrounds. Keiki who engage in risky play are more likely to experience positive emotions such as enjoyment, excitement, pride, and self-confidence.

Riding around town!



Cognitive
Development

Your keiki is beginning to learn how to follow directions that have two related steps. Try this—place pictures of a grocery store, auto shop, bank, post office etc. in different locations outdoors. Have keiki use their scooter, tricycle or bike and ride to the different stations by following your directions. Give keiki a two-step direction by saying, “Please help mommy by buying carrots from the grocery store & picking up our mail at the post office?”

Community Helper Charades



Playful
Parenting

Playing charades as a family can help build your keiki’s logical thinking skills as he/she begin to understand how things are connected to one another. Start by playing “Community Helper Charades” and have each member of your family act out the role of each helper. For example, be a firefighter by pretending to hose down a fire. Choose community helpers that your keiki is familiar with from stories or encountered in his/her life.